



Mayfield Primary School Curriculum Documents



PSHE & RELATIONSHIPS STRAND 2: THEMES OVERVIEW	Autumn	Spring	Summer
EYFS	<p><u>RELATIONSHIPS</u> Belonging to a family. Know that not every family is like mine. Know who looks after me and talk about them positively. Show understanding of other types of celebrations and beliefs.</p>	<p><u>LIVING IN THE WIDER WORLD</u> Know about my wider community and how rules keep me safe. Show an awareness of jobs in the community and how these might help me. Begin to think about how we can look after our world and everything that is in it.</p>	<p><u>HEALTH AND WELLBEING</u> Recognising what a healthy lifestyle means including staying safe. Managing my feelings and those of others. Looking after my teeth.</p>
Year One	<p><u>Toy Story RELATIONSHIPS</u> Roles of different people; families; feeling cared for. Recognising privacy; staying safe; seeking permission. How behaviour affects others; being polite and respectful.</p>	<p><u>St Annes in Bloom LIVING IN THE WIDER WORLD</u> What rules are; caring for others' needs; looking after the environment. Using the internet and digital devices; communicating online. Strengths and interests; jobs in the community.</p>	<p><u>Travels & Tales HEALTH AND WELLBEING</u> Keeping healthy; food and exercise, hygiene routines; sun safety. Recognising what makes them unique and special; feelings; managing when things go wrong. How rules and age restrictions help us; keeping safe online.</p>
Year Two	<p><u>Animal Kingdom RELATIONSHIPS</u> Making friends; feeling lonely and getting help. Managing secrets; resisting pressure and getting help; recognising hurtful behaviour. Recognising things in common and differences; playing and working cooperatively; sharing opinions.</p>	<p><u>Desert Island Champions LIVING IN THE WIDER WORLD</u> Belonging to a group; roles and responsibilities; being the same and different in the community. The internet in everyday life; online content and information. What money is; needs and wants; looking after money.</p>	<p><u>Kings, Queens & Castles HEALTH AND WELLBEING</u> Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help. Growing older; naming body parts; moving class or year group. Safety in different environments; risk and safety at home; emergencies.</p>
Year Three	<p><u>A Roman Invasion RELATIONSHIPS</u> What makes a family; features of family life. Personal boundaries; safely responding to others; the impact of hurtful behaviour. Recognising respectful behaviour; the importance of self-respect; courtesy and being polite.</p>	<p><u>Clash of the Titans LIVING IN THE WIDER WORLD</u> The value of rules and laws; rights, freedoms and responsibilities. How the internet is used; assessing information online. Different jobs and skills; job stereotypes; setting personal goals.</p>	<p><u>Superb Structures HEALTH AND WELLBEING</u> Health choices and habits; what affects feelings; expressing feelings. Personal strengths and achievements; managing and reframing setbacks. Risks and hazards; safety in the local environment and unfamiliar places.</p>
Year Four	<p><u>The Power and The Rose RELATIONSHIPS</u> Positive friendships, including online. Responding to hurtful behaviour; managing confidentiality; recognising risks online. Respecting differences and similarities; discussing difference sensitively.</p>	<p><u>Passport to New Europe LIVING IN THE WIDER WORLD</u> What makes a community; shared responsibilities. How data is shared and used. Making decisions about money; using and keeping money safe.</p>	<p><u>Valley of the Kings HEALTH AND WELLBEING</u> Maintaining a balanced lifestyle; oral hygiene and dental care. Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty. Medicines and household products; drugs common to everyday life.</p>
Year Five	<p><u>Gods & Legends RELATIONSHIPS</u> Managing friendships and peer influence. Physical contact and feeling safe. Responding respectfully to a wide range of people; recognising prejudice and discrimination.</p>	<p><u>Amazon Adventure LIVING IN THE WIDER WORLD</u> Protecting the environment; compassion towards others. How information online is targeted; different media types, their role and impact. Identifying job interests and aspirations; what influences career choices; workplace stereotypes.</p>	<p><u>Victorians-on-Sea HEALTH AND WELLBEING</u> Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies. Personal identity; recognising individuality and different qualities; mental wellbeing. Keeping safe in different situations, including responding in emergencies, using first aid.</p>
Year Six	<p><u>We All Stand Together RELATIONSHIPS</u> Attraction to others; romantic relationships; civil partnership and marriage. Recognising and managing pressure; consent in different situations. Expressing opinions and respecting other points of view, including discussing topical issues.</p>	<p><u>Modern Olympic Heroes LIVING IN THE WIDER WORLD</u> Valuing diversity; challenging discrimination and stereotypes. Evaluating media sources; sharing things online. Influences and attitudes to money; money and financial risks.</p>	<p><u>Bring Me Sunshine HEALTH AND WELLBEING</u> What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online. Human reproduction and birth increasing independence; managing transition. Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media.</p>